

Facts About the Food Assistance Program

INCOME GUIDELINES

The combined monthly income of a household must be below established maximums for gross monthly income and net monthly income for the household's size.

Maximum Gross Monthly Income Chart

Household Size	1	2	3	4	5	6	7	8	Each Additional Person
Gross Monthly Maximum	\$1,127	\$1,517	\$1,907	\$2,297	\$2,687	\$3,077	\$3,467	\$3,857	+\$390

Gross monthly income includes all money (before taxes and other deductions) coming into the household. To be eligible for Food Assistance, a household must have income below the maximum gross monthly income. There are two exceptions:

- Households with at least one member who is over age 59 or disabled.
- Households in which all members get SSI or Family Investment Program (FIP).

These households may have more gross monthly income than the amounts above.

Maximum Net Monthly Income Chart

Household Size	1	2	3	4	5	6	7	8	Each Additional Person
Net Monthly Maximum	\$867	\$1,167	\$1,467	\$1,767	\$2,067	\$2,367	\$2,667	\$2,967	+\$300

Net monthly income is what is left of the household's gross income after certain allowable expenses are subtracted. All households must have net monthly incomes below the maximum net monthly income to receive Food Assistance. Households with one or two members may have net income more than the maximum if all members get SSI or FIP.

MAXIMUM FOOD ASSISTANCE ALLOTMENT

Households are eligible for different amounts of Food Assistance. A household's Food Assistance amount depends upon the household's size and income. Only households with very little or no monthly income receive the maximum amount.

Household Size	1	2	3	4	5	6	7	8	Each Additional Person
Dollar Amount	\$176	\$323	\$463	\$588	\$698	\$838	\$926	\$1,058	+\$132

WHERE TO APPLY

If you want to apply for Food Assistance call 1-877-937-3663 (1-877-YES-FOOD) or apply online at www.yesfood.iowa.gov. You can also apply at the Human Services office. The address and phone number of the Human Services office is in the county government listing of your telephone book under the heading "Human Services." (A few counties have the listing under "Social Services.")